

**LEARN TO SWIM
AT THE
WENDY GARDNER
SCHOOL OF SWIMMING**



Improve your Strokes
For information
Tel: 01474 872476



Held at your local indoor
heated pools

Weekly Schedule

Tuesday	Dartford Girls Grammar	5.15 – 7.15 pm
Wednesday	Combe Bank	4.30 – 6.30 pm
Thursday	Combe Bank	5.30 – 7.30 pm
Friday	Arethusa Venture Centre Dartford Girls Grammar	5.00 -- 7.00 pm 5.15 – 7.15 pm
Saturday	Combe Bank * Dartford Girls Grammar *	8.30 – 11.30 am 9.00 – 12.00 am

* Adult and child classes held at these venues
All classes are in ½ hour sessions

The club reserves the right to change the times of this programme accordingly

Classes Available at WGSS

Venues include classes for:

Non Swimmers (Ducklings)

For children unable to swim

Shallow Improvers

For children able to swim 5m unaided on both front and back

Swimmers

Stroke improvement in deep water

Improvers

For children able to swim 50m unaided on both front and back

Advanced

3 levels progressing children to club level

Adult and Child 4 months to 3 years

To introduce babies and toddlers to water, learning through a structured lesson. Babies must have had all their injections

Adults

For beginner, improver and advanced levels

All classes include Lifesaving; Personal survival and Resuscitation.

About the Wendy Gardner School of Swimming

At W.G.S.S. we pride ourselves on our high standards of teaching

All classes are taught by a fully qualified A.S.A. Teacher, a qualified A.S.A. Assistant is present in the water for Duckling classes to aid the teacher

All lessons are to the A.S.A. National Plan for the Teaching of Swimming

All courses comprise 10, ½ hour weekly sessions

Each class has a maximum of 10 pupils

All four swimming strokes are taught

To register, please ring (01474) 872476. Early booking is advisable.

Where Classes are Held

Arethusa venture Centre

Situated in Lower Upnor near the Medway City estate a beautiful setting along side the river.

Combe Bank School

Situated in the private grounds of the Combe Bank School for Girls in Sundridge, only 10 minutes from Biggin Hill and Sevenoaks

Dartford Grammar School for Girls

Situated in the grounds of the school in Shepherds Lane, Dartford.